



FOR IMMEDIATE RELEASE

## Parks and Recreation Winter Program Registration to Begin

Jan. 5, 2010

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*Powell, OH:* If you made a New Year's resolution to get in shape, stay in shape or just be more active, the Powell Parks and Recreation Department will help you stick to it. The department has just published its Winter/Spring Program Guide, and registration for all activities begins soon.

Registration for Powell residents begins at 5:30 p.m. on Wednesday, Jan. 13 and runs until 7 p.m. This "express registration" period allows residents to drop off completed registration forms at the Village Green building, 47 Hall St. Registration for Powell residents continues from 8 a.m. to 5 p.m. on Thursday, Jan. 14. Resident mail-in registrations will be processed after in-person registrations.

Open registration for non-residents will be from 8 a.m. to 5 p.m. Friday, Jan. 15. Non-resident mail-in registrations will be processed after in-person registrations. As of 8:30 a.m. on Jan. 15, registration will be available through the City of Powell's Web site, [www.cityofpowell.us](http://www.cityofpowell.us).

The Parks and Recreation Department is offering a full slate of classes for all ages this fall, from returning favorites to new programs. Among the popular programs back for another year are Sporties for Shorties (introduces children ages 3-5 to soccer, basketball and tee-ball), On the Mat Martial Arts (kids 4-12 develop their Taekwondo skills while building character) and Munchkin & Me (for moms and their 1-to-2-year-old children), to name a few. New programs added for this season are From Head to Toe, where parents can bring their children age 3 and under to create artwork out of their handprints and footprints; Jump Bunch, where kids 18 months-6 years will be introduced to healthy habits through age-appropriate fitness activities; a paper-making workshop, with sessions for kids ages 3-5 and 6-11; and a free "Saving for College" class for adults.

Winter/Spring Program Guides are available at the Village Green building, the Powell branch of the Delaware County District Library, the Greater Powell Area Chamber of Commerce and at various Powell businesses. For more information, contact the parks and recreation department at 614-885-9820.

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